

## FREQUENTLY ASKED QUESTIONS

### 1) How do the Energy patches work if nothing enters the body?

These are non-transdermal patches with a new technology that gently stimulates acupuncture points to improve the body's energy flow. No supplements, stimulants or needles are used.

### 2) Where do you apply the patches for the best results?

The patches will work in many locations. Please refer to the diagrams inside for placement options.

### 3) How many patches can I wear at one time?

Beginners should only use one set of patches at a time. Please refer to the LifeWave website for more information.

### 4) How safe are the patches to use?

Acupuncture has been utilized for thousands of years as a method for relieving pain and improving the quality of life. While we have shown our products to be safe, if you feel any discomfort at anytime, remove the patches and drink extra water.

### 5) Have these patches been independently tested?

Our exclusive non-transdermal patch system utilizes new technology to gently stimulate acupuncture points, literally improving the flow of energy in the body. Clinical studies prove this method increases your body's energy and stamina within minutes. For more information, please visit [www.lifewave.com/research.asp](http://www.lifewave.com/research.asp)

### 6) How long can I wear the patches?

It's recommended you wear the patches no more than 12 hours per day. Do not reuse patches.

### 7) Can anyone use Energy Enhancer?

If you have a health condition or are in doubt please consult your physician before using Energy Enhancer. Do not use if you are pregnant or nursing.

### 8) What is acupuncture and what are its benefits?

Acupuncture is a type of Oriental healing art based on ancient Chinese and Japanese medicine, for the purpose of promoting good health.

### 9) What will I feel when wearing the Energy patches?

You should notice a very constant and stable level of energy during your day. Because acupuncture helps to remove toxins from the body, you may experience detoxification symptoms such as a sore throat, headache, fatigue or nausea. If this occurs simply remove the patches and drink extra water.

## FAQ's continued...

### 10) Are there any drugs or stimulants in the patches that are entering the body?

No. LifeWave patches DO NOT contain any harmful drugs or stimulants. The patches are designed to apply a mild and temporary pressure to acupuncture points that are known to improve the flow of energy through the body. No magnets or needles are used.

### 11) Can I wear the Energy patches with other LifeWave patches?

The Energy patches may only be worn with the Glutathione, Carnosine and SP6 patches. DO NOT wear the Energy patches with IceWave or Silent Nights.



## TESTIMONIALS

*"After completing my eligibility at LSU, I played professionally for 5 years in both the Italian and USA Professional Indoor Leagues. Not yet ready to retire, I headed to the beach and spent another 13 years on the Pro Beach Tour. Towards the end of my career, I got to experience the undeniable positive effects of this product for myself.*

*As an athlete, I recommend all of LifeWave's products... this is the real deal!"*

- Gayle Stammer, Pro Volleyball Player/Coach



*"The hectic schedule of the European Seniors Tour left me flat and exhausted. The results of the LifeWave patches seem to be extraordinary- I felt totally in control, energized, able to think clearly and calmly.*

*I can only attribute my enhanced levels of energy to the patches."*

- Nick Job  
European Golf Professional, UK

## TESTIMONIALS continued...

*"The LifeWave Energy Patches have increased my endurance and I no longer feel a depletion of glycogen. I will never teach a Spinning Class again without the LifeWave Energy Patches"*

- Charles Paden, New York City



*"Yesterday I had the fastest swim of the day including all the pros at the St. Anthony's Triathlon in St. Petersburg, Florida. I was wearing LifeWave patches.*

*They now say I am the fastest swimmer in the world in the triathlon... in the race I beat the World's # 1 ranked triathlon swimmer!"* - Cyle Sage

*Since I started using the LifeWave patches, I have been UNABLE to fatigue myself during my yoga workouts or my spinning workouts. I just feel like I could go on and on. At first I expected to be fatigued the next day after a strenuous yoga class. I will be using these patches for a long time. They are fantastic!*

- Justin Picken, Yoga Instructor

*"I am a martial artist and sport performance coach. Helping athletes reach their peak performance through mental training. I have been looking for a product that would naturally improve my clients endurance and stamina. The LifeWave energy patch does just that. I have been totally impressed with the results."*

- Jessie Bowen

*"I'm a member of the US National Luge Team and 2002 Olympic Team Member. I can do back extensions and yoga moves wearing the patches that I have never been able to do before now! I will continue to use the patches and I know they will help me make the games in Italy in 2006. I am now a true believer and a distributor."*

- Courtney Zablocki

*"The first time I used the LifeWave energy patches was at the gym. I totally felt the increase in stamina through my workout routine, and the rest of my day. The LifeWave patch couldn't have come into my life at a better time. I hope that you get to experience the difference it can make."*

- Mikial Robertson, Professional Musician

*"The increase in my range of motion was incredible."*

- Mike Beaver, Senior PGA Professional Golfer

For more information on LifeWave®, please contact:

LIFEWAVE®



energy enhancer®

For the mild and temporary stimulation of Acupuncture points

NEW ENERGY TECHNOLOGY

## INTRODUCING ENERGY ENHANCER

What if there was a way to increase your body's energy levels without having to take stimulants. Now you can with LifeWave.

Our exclusive non-transdermal patch system utilizes new technology to gently stimulate acupuncture points, literally improving the flow of energy in the body. Clinical studies prove this method increases your body's energy and stamina within minutes.



## NEW ENERGY TECHNOLOGY

We're all accustomed to thinking that we have to put something into our body (like vitamins) to improve our health. While proper nutrition, water and exercise are a necessary part of any healthy lifestyle, our bodies also require a continuous flow of energy. For example, our brains and nerves transmit electrical signals to our muscles to cause them to use stored chemical energy to contract.

It's been known for thousands of years that specific frequencies of light can cause specific changes within the human body. When we go out in the sun, a frequency of light causes our body to make Vitamin D. Another frequency of light (UV) will cause our body to make melanin, the chemical that gives us a sun tan.

Energy Enhancer patches utilize this knowledge to stimulate acupuncture points on the body for improving the flow of energy. Clinical studies prove that this method increases your energy and stamina by over 20% just within a few minutes of use!

## ENERGY ENHANCER INSTRUCTIONS

Place one set of Energy patches on the body, using one of the locations shown. Always place the WHITE patch on the RIGHT side of the body, the TAN patch on the LEFT side of the body. Apply the patches to clean, dry skin in the morning. Patches may be worn for up to 12 hours before discarding. Do not reuse patches once removed from the skin. Be sure to drink plenty of water while using this product.



**LUNG**  
**1**

These points are located about 1 inch below the collar bone along the inside of the shoulder.



**P**  
**6**

These points are located about 3 to 4 finger widths from the crease in the palm side of the wrist.



**ST**  
**36**

These points are located in the depression 4 finger widths below the knee cap and 2 finger widths outside the bone.



**KIDNEY**  
**3**

These points are located in the depression next to the ankle bone on the inside of the ankle.

**WARNINGS:** Remove immediately if you feel discomfort or skin irritation occurs. Do not reuse patch once removed from the skin. Do not use more than one patch at a time on the body. Keep your body well hydrated with water during the use of the patches. For external use only. Do not ingest. Do not use on wounds or damaged skin. Ask a health professional before using if you have a health condition. Do not use if pregnant or nursing. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. \*Individual results will vary

## WHAT IS ACUPUNCTURE?

Acupuncture is a type of Oriental healing art based on ancient Chinese and Japanese medicine. A practitioner will typically stimulate acupuncture points on the body with needles or pressure to improve sleep, relieve pain and discomfort, and promote good health.

The self-adhesive Energy patches utilize the principles of Oriental medicine and needleless acupuncture to gently stimulate points on the body that have been used to balance and improve the flow of energy in the human body for thousands of years. The result is a natural way of improving the quality of your life without any drugs, stimulants or needles entering the body.

## ENERGY ENHANCER GETS RESULTS



*"I have had wonderful results with the LifeWave patches, both in training and competing at the Olympic level. I have witnessed many top athletes set lifetime best performances, including one world record by using LifeWave."*

**Richard W. Quick**  
**Head USA Olympic Coach - 1988, 1996, 2000**  
**Assistant USA Olympic Coach - 1984, 1992, 2004**



*"I have been a LifeWave member for over 3 years now. I use all their products; from the muscle patches, energy patches and IceWave, to sleep patches and more. I couldn't imagine competing at a high level without my energy patches. I always feel mentally and physically ready when I have them on."*

**Brendon Ayanbadejo**  
**NFL Pro Football Player**  
**2-Time NFC Pro Bowl Player**